

Facilitators: Janice Mandara AThR, B.Ed, Grad. Dip Counselling.
(Art Psychotherapist & Healer/Counsellor)
Troï Leonard (Doctorate in Esoteric Philosophy)
(Color & Sound Healer and Spiritual Guide)

April Fri 27th-Sun 29th 2012

The Heart Gateway.....Entering into Sacred Oneness

By connecting to the Heart of Oneness, we open to an ecstatic space of communion with the mysterious and the sacred. We enter a universal state of stillness and immense inner peace. The retreat offers tools to help instill positive mental attributes, overriding “old tapes” and releasing limiting structures of the past. By deepening into the heart and “clearing the channels”, we are more able to embrace the changes necessary and open to freedom, and expressing our joy of being. This transformative retreat incorporates ritual & ceremony, art therapy, invocations/mantra, forgiveness exercises, meditations and dyads.

June Fri 1st-Sun 3rd 2012

The Heart Gateway.....Divine Feminine Fire

What we are often seeking and yearning for in life, is to be inspired within ourselves and each other, and to be free to express what makes our heart sing. This retreat is designed to initiate and release a measure of the sometimes misunderstood and hidden power, laying dormant at the base of the spine, known as the ‘Kundalini Mother’. This divine feminine fire is our creative, soul potential. The week-end will offer creative ways to break through self denial and judgments, and open to dance, art, sound healing and inspired self expression. This retreat is a reawakening to your passion for life, love and creativity.

September Fri 14th-Sun 16th 2012

The Heart Gateway.....Divine Feminine Fire

What we are often seeking and yearning for in life, is to be inspired within ourselves and each other, and to be free to express what makes our heart sing. This retreat is designed to initiate and release a measure of the sometimes misunderstood and hidden power, laying dormant at the base of the spine, known as the ‘Kundalini Mother’. This divine feminine fire is our creative, soul potential. The week-end will offer creative ways to break through self denial and judgments, and open to dance, art, sound healing and inspired self expression. This retreat is a reawakening to your passion for life, love and creativity.

Contact Details: Janice Mandara mermoon@vic.chariot.net.au
03 54762743 Text 0439847909
Troï Leonard mail@rainbowphoenix.dk