



MARI PRACTITIONER TRAINING

(Mandala Assessment Research Instrument)

New to Australia, the MARI offers a valuable, comprehensive and insightful tool for therapists. Based on the studies of Carl Jung and Joan Kellogg, the MARI provides pathways to integrate this powerful body of universal knowledge on the drawn mandala into your work with others - as an assessment tool for working with life energies, stages of development, accessing aspects of the unconscious, defining goals, tracking therapeutic progress, encouraging growth, celebration and spiritual enrichment.

The MARI, also known as mandalas, reveals the inner truth and reality of the participant as it really is –not what the ego filters of consciousness would want it to be.

Carl Jung recognized the mandala as “the centre of personality, a kind of central point within the psyche, to which everything is related, by which everything is arranged and which is, itself, a source of energy. This centre,” said Jung, “is not felt or thought of as ego but, if one may so express it, as the self.” And this description of the mandala by Jung is also an excellent description of the MARI.

The MARI offers:

- * insights into the energy of colour and form in drawn mandalas
- * Guidelines for identifying mandala form and colour with archetypal stages on The Great Round.
- * Increased awareness of the healing cyclical nature of life.
- * Mandala theory related to the spectrum of consciousness and ego

development.

- * Access to the 4 functions of consciousness - thinking, feeling, sensing & intuiting
- * Insights into the direct correlation of the MARI with what is happening in one's life.
- * Case study material that demonstrates the mandala's reflection of personal energy flow, where energy may be held up, growth and healing.
- * Knowledge of techniques for dialoguing the messages in client artworks and insights into various stages of development.
- * Increased knowledge of the universal language of mandalas, mark making, pictures, shapes, forms, colours, symbols, archetypes, placement, spirituality, spatial sensing and stages of development.
- * pathways to access parts of the unconscious that are ready to come to the surface
- * use of skilled questioning to assist people in working with relevant energies, towards completion of cycles, celebrating achievements and birthing new cycles of growth.

Wendy Nash, **Registered MARI Practitioner/Teacher** - Wendy offers full MARI training in Australia as an experiential fully accredited course. She is an expressive Psychotherapist, Teacher, artist, community artist, Aboriginal Outreach Practitioner, Art Therapist in Mental Health, living and working in Tasmania. She has an Arts Studio on the Tamar River near Launceston where she runs her Private Practice working with Adults/ children and specialises in working with a wide range of Art mediums/ expressive therapies. In her practice Wendy uses techniques such as: Person Centered, mindfulness, CBT., MARI., life balance - body centered approach, Guided Drawing, Clayfield, Sand tray, movement, journalling and creative writing, somatic experiencing techniques, Gestalt, Narrative, Transactional Analysis, Play therapy and Eco-Psychology.

In 2012 Wendy is offering MARI Practitioner Training at Apollo Bay

(see Dates below), Dorrigo as well as her Studio in Tasmania. Wendy will also be offering an Arts-based Psychotherapy Course, 'Awakening the Heart' for Professionals in Tasmania in 2012.

Qualifications: Master of Counselling, B. Ed., Reg. MARI Pract/Teacher, Cert. Intiatic Art Therapy, ongoing Counselling/Psychotherapy/ Arts-based Psychotherapy Trainings.
Memberships: PCA, PACFA, Assoc Memb. ANZATA

2012 Claerwen Dates - Apollo Bay, Experiential MARI Practitioner Training:

Weekends: 4-6th May, 29th June-1st July, 28-30th September.

Costs: \$350 per weekend Training x 3, plus cost of MARI Materials

Coming Soon : ***Partial Online MARI Practitioner Training*** - see website early

2012 for further details - study at own pace, last weekend in Tasmania.

Click here to apply :

<http://wendynashstudio.com/courses/registrations>

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