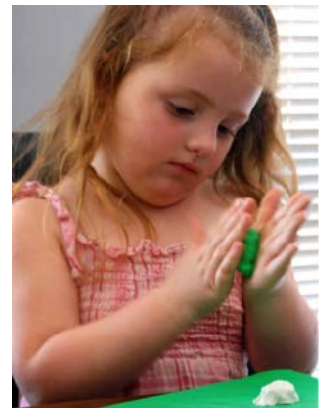
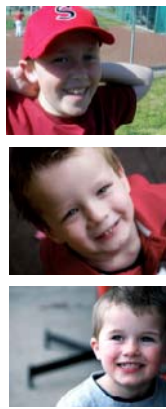


Apollo Bay 2012

The wonderful world of Working with Children

WITH
ELIZABETH KINNANE
MA (ATh), AThR



Working with children is amazing and insightful, as you never know where the journey will take you. Elizabeth believes in the importance of creating a safe space and simply being with the child as they find their balance in life.

This training offers three weekends where participants will learn and gather a variety of art therapy tools, consolidate their skills and explore fears around working with children. These weekends are full of practical art experiences to use with children.

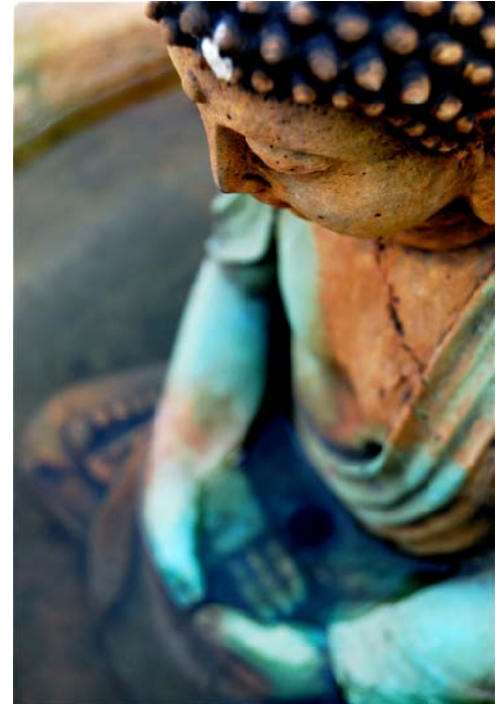
In knowing your own experience may give insight to another's.

The aim is to discover a starting point with children and to learn ways to counsel alongside them.

There will be a strong focus on art therapy styles and you will have time to explore your own comfort levels and limits and build confidence in facilitating the child's journey.



The wonderful Working with Children WORKSHOP INFORMATION



Workshop times

Friday - 8pm till 10 pm

Saturday - 9am till 1pm & 3pm till 7pm

Sunday - 9am till 12pm & 1pm till 4pm

WEEKEND ONE – ENGAGEMENT

- Ceremony to open a session using stones, feathers, shells crystal.
- Creating an art folio / journal book.
- Folio to keep art work safe.
- Understanding why the child is coming and what they do and don't want within a session.
- Self awareness using body outlines & drawing in line shape colour.
- Creating a safe space through art.
- Building a trusting relationship
- Understanding family of origin through the use of symbols & drawing.
- Understanding child development
- Understanding children's drawings
- Exploring mediums pens, pencils, textures, crayons, pastels.
- The bridge drawing a good assessment tool
- The use of music and drawing to understand emotions.
- Exploring expressive therapies work sheets
- Free time to create (Mandala)

WEEKEND TWO – 'EXPLORING MODALITIES'

- Sharing something special from home, continued engagement.
- The use of music and movement games to relax and find balance. (re-centring)
- Building on art therapy resources
- Weaving and connection
- The use of paint and the process of mixing colours.
- The use of music and painting.
- The use of Bioenergetics exercises.
- Exploring the power of creating a Diorama to tell a story or express feelings or situations.
- Shadow puppets and poetry.
- Understanding trauma and regression through art work
- Exploring active imagination
- Trusting in the art therapy process
- Finding your own way of working
- Building confidence with a variety of art therapy materials
- Exploring some expressive ideas.

WEEKEND THREE – 'PREPARING CHILDREN TO CLOSE'

- The gift of lighting a candle.
- Sharing while others draw a response.
- Group work interactions
- Acceptance and Commitment therapy ideas with children.
- Exploring work sheets to build self esteem
- Explore the season's meditation and art experience.
- The use of a canvas
- Collage exploring growth
- Creating musical instruments to add to your tool kits.
- Reflection for child and therapist through art.
- The use of music, play
- Creating a vision board.
- Stone carving and symbol work.
- A glance at Gardner's 'Multiple Intelligences'
- Making yourself redundant
- Going on holiday's...art therapy ideas to offer children, finding a way to close with children
- Supervision of the therapist and self care

Cost - \$300 per weekend

Please note that accommodation is NOT included in the cost

To book for the three workshops, please email Elizabeth for an enrolment form, complete form and return. Once accepted into the training an invoice will be sent and your place will be confirmed once payment has been received for the training. Payment is required and must be paid one month prior to the date of each workshop.

Ve C Location: Claerwen Retreat 480 Tuxon Road Apollo Bay 3223 Accommodation is available at Claerwen by phoning

0237 7064

Elizabeth has 30 years experience working with children and has spent the last five years utilising her art therapy and counselling skills. Elizabeth has her Master's degree in Art Therapy, a Diploma in Counselling, a Diploma of Applied Social Science (Child Care) and is a registered member of ANAZTA. In regard to children, Elizabeth is interested in Expressive Therapies, Sandplay & Symbol Work and Meditation & Relaxation Techniques. She also has a background in Reiki and a variety of healing modalities.

Elizabeth has a strong belief that children know what is 'wrong' and also know what they 'need' - the key is being present with them, listening intently to what their concerns are and then providing them with a safe space in which to explore these needs which in turn, creates balance and a sense of self.

LOOKING FORWARD TO SHARING WITH YOU.

For more information call Liz on 0419245563 or via email ekinnane@bigpond.net.au after 5pm week days or anytime over the weekend.